

King's Lynn MTB Club



5by3 Push Sport Racing Rd 4, Shouldham Warren

This was the second year Kings Lynn MTB Club have hosted a round of the popular 5by3 Push Sport MTB racing series at Shouldham Warren.

The racing is specifically aimed at beginner / grass root riders. On the cold, sleet & rainy race day there were just under 80 competitors ranging from the under 12s to senior men and women.



Mike Cubitt



Rob Smithers

The weather was cold and windy, however there was some shelter in the forest. Several sleet & snow showers early in the morning greeted the helpers who were setting out the course. These showers accumulated to create a few sticky patches around the trails but generally the course was in good condition for winter mountain biking. The lap distance was just under 2 miles; with everything Shouldham has to offer built into it. Short & steep climbs, fast & furious descents, technical single track and a few choice fire-road sections ideal for overtaking!



Lorraine Collins



Emily Quantrill

As a club, we had a remarkable number of member's sign-on, with around 25% of the field coming from KL MTB Club. In total 19 of our members entered the racing, producing some really good results as listed below.

In the ladies:-

3rd - Emily Quantrill
4th - Lorraine Collins
6th - Susan Mathews

The under 12s:-

6th - Thomas Mathews
7th - Ella Mathews
9th - Joe Allen

The men's:-

4 th - James Murphy	11 th - Paul Asplin	29 th - Jonny Sayer
8 th - Russell Rout	17 th - Mike Cubitt	39 th - Linley Gales
9 th - Dom Clark	26 th - Kevin Beales	41 st - Adrian Murray
10 th - Paul Quantrill	28 th - Mark Hollingworth	45 th - Jason Hunter

Rob Smithers (Retired)

During the men's senior race, Rob Smithers had a heavy fall whilst sitting in 4th place causing Rob to retire – All at the club wish Rob a speedy recovery!

Once again a huge thank you goes out to all our marshals, volunteers, cake bakers and anyone else involved who helped make the day a successful event as without these people we would not be able to hold these events.

Our next event at Shouldham Warren will be on 1st March, when we play host to the first Mud, Sweat and Gears XC race of their 2015 series. The afternoon races are aimed at the more seasoned racer as British Cycling National Ranking Points are up for grabs. But don't be put off if you just want to have a go as there is also categories for beginners in the morning; the open category. On the day there is also GoRide coaching & racing for the youngsters in the morning.



Photo's courtesy of Bert Wilkinson